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Tuesday, November 9, 2010
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News worth sharing.

Halifax. Gunfire



▶ A resident watches as a forensic identification officer looks for evidence yesterday following a shooting on Romans Avenue on Sunday night. Story, page 3.

RYAN TAPLIN/METRO

Homes struck in gunfight

Police say two groups of men got into a fight and fired back and forth at about 7 p.m. Four homes were hit in the crossfire and fortunately no one was hurt.

Four-pad arena officially open

Thousands expected to use the new facility {page 6}

Not guilty plea in cross-burning

Daughter of interracial couple testifies at trial {page 3}

Centre's developer ready with backup plans

Opinions remain polarized as convention centre negotiations enter final stretch ◐ Halifax regional council to hear funding options today ◐ Convention expert warns of inflated numbers, expectations



ALEX BOUTILIER
@METRONEWS.CA

Developer Joe Ramia says he has two backup plans in place should the municipality and the federal government refuse to fund the proposed new convention centre.

Speaking at the Cunard Centre yesterday, the Rank Inc. boss said work could begin on the controversial convention centre and mixed-use facility as early as March.

That, of course, is dependent on support from the municipal and federal governments, which have until Jan. 14 to sign off on the project as it is currently priced.

If the public portion of Ramia's project does not get the go-ahead, he said his "Plan B" and "Plan C" would take longer to implement, perhaps over multiple phases.

"We haven't seen the business case. We're developers."
JOE RAMIA

"They'd be much smaller buildings, and they'd be catering to different people," he said.

Ramia added the concept of a "financial centre" envisioned for the convention centre project would be lost in the alternatives. "We'll just build like everybody else builds. An office building, a small hotel, residential — it'll all be in separate pieces."

Ramia claimed the alternate plans would actually make him more money and involve less risk.

But he added he remains confident the convention centre option is the right one for the city and the province — despite admitting he hasn't examined the business case. MORE COVERAGE, PAGE 4.

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Close shaves after bullets fly

Up to a dozen bullets criss-crossed Romans Avenue in Halifax on Sunday night and struck four homes.

Luckily, no one was hurt.

"I thought, 'That's not fireworks.' It was very scary," said Bernice Kelsie, who lives near one of the four houses that was shot.

"(Neighbours) said something about someone had to push their kid out of the way. I heard people talking about it."

Witnesses told police two groups of men got into a fight and fired back and forth at about 7 p.m. There were eight to 12 shots fired.

Two suspects left in a white SUV with chrome on it and at least one left on foot.

Const. Brian Palmeter with Halifax Regional Police said investigators don't know the motive for the shooting but believe it wasn't a random act.

"It's kind of bad, but it's kind of normal."
JALISE ROSS, RESIDENT ON ROMANS AVENUE IN HALIFAX, ABOUT SUNDAY'S GUNFIRE

"My neighbour, one bullet went through her window. She wasn't home, thank God, but she sits in the window, right where the bullet went through," Kelsie said.

Kelsie, who has children, said the shooting makes her want to move because it hit too close to home.

"You could be sitting in your window, you know what I'm saying? It's just too scary."

Jalise Ross said she knows two neighbours whose houses were hit Sunday night.

"It went through her window, through the wall and the floor," she said of the first neighbour.

"And my neighbour over there, she just had a new baby and the bullet went through her daughter's window."

JENNIFER TAPLIN

'I thought someone was coming after me'

Emotional daughter recounts night of cross burning ● Closing arguments to be made today

The daughter of an interracial couple testified that she felt terrified at the sight of a burning cross on the front lawn outside her home in rural Nova Scotia earlier this year.

"I thought someone was coming after me," Ashley Rehberg told Kentville Supreme Court.

Her testimony was the latest account of how her family was frightened by a flaming, 2.5-metre cross that was erected outside their home in Poplar Grove in the Annapolis Valley.

The 18-year-old woman testified at the judge-only trial of Nathan Rehberg, 21, who pleaded not guilty to inciting hatred and criminal harassment in the Feb. 21 incident. Charges of uttering threats and mischief were dropped.

Last week, Rehberg's 20-year-old brother, Justin, was convicted of inciting hatred in the same incident. The Crown heralded that case as the first time a cross-burning was prosecuted as a hate crime in Canada.

"I was scared. I still have fear."
ASHLEY REHBERG

Ashley is the daughter of Michelle Lyon, who is white, and the stepdaughter of Shayne Howe, who is black. She is the oldest among the five children who live with the couple.

She is a distant cousin to Nathan and Justin through her mother's side of the family. But she said she knew little of the men other than they lived about a kilometre down the road from her.

Nathan Rehberg, who sat silently during testimony, did not take the stand.

ANDREW VAUGHAN/THE CANADIAN PRESS



▶ Nathan Rehberg, right, leaves provincial Supreme Court in Kentville with some friends yesterday.

Heavy rain causes chaos

A state of emergency was declared yesterday in parts of southwestern Nova Scotia as several days of continuous rain caused flooding that swamped homes and cottages, turned farmers' fields into lakes and put a dam at risk of bursting.

More than 206 millimetres has fallen on the Yarmouth area since Friday.

A state of emergency was declared in three communities, including Quinan, where a bridge was flooded, cutting access to the small community near Yarmouth.

Premier

▶ Premier Darrell Dexter said he will travel to the area tomorrow to see the damage first hand.

"It's the worst I've ever seen," resident Calvin Muise told CTV News.

An emergency official estimated that dozens of people had to be taken from their homes by boat.

Roads and bridges were closed and people in the Raynardton area were urged to leave because a dam could give way.

Emergency Measures spokesman Harold Richardson said a spillway let go and the flow of water can no longer be controlled. He said anyone who chooses to stay may be stranded because of road and bridge closures.

THE CANADIAN PRESS

CRIME

January date for hearing in fatal stabbing

A 29-year-old charged in the stabbing death of a Halifax man will have a preliminary hearing in this case early next year.

At provincial court yesterday, the judge set Jan. 7 as the date for a preliminary hearing for Michael Rae Ells, a Halifax man charged with second-degree murder in the killing of Robert Douglas Payne.

In Feburary, Payne, 28, was found suffering from a stab wound inside an apartment at 6 Foxwood Terr., in Spryfield.

Ells was originally charged with manslaughter, but that was upgraded to second-degree murder in September.

METRO

1 news

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Allan Small says life is very good in an investor-friendly market. More at metronews.ca/investing.

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Gordon Pinsent is shocked by the popularity of a video starring him reading Justin Bieber's memoir. Scan code for story.

News in brief

Stick-up at the Golden Arches

ROBBERY. Police in Halifax are investigating an armed robbery at a fast-food restaurant.

Staff working at a McDonald's on Quinpool Road told Halifax Regional Police a man with a knife walked into the restaurant early yesterday and demanded money.

Police say the thief was wearing a black ski mask at the time.

He took off with an undisclosed amount of cash. No one was hurt during the robbery.

THE CANADIAN PRESS

Dexter touts green fund

INVESTMENT. Nova Scotia is considering creating a regional venture capital fund to help promote companies involved in clean technology, life sciences and other high-growth sectors.

RYAN TAPLIN/METRO



▶ Dexter

Premier Darrell Dexter told delegates at the 2010 Power of Green Conference in Halifax yesterday he will raise the idea with his regional counterparts.

Dexter says knowledge-based companies create jobs, help grow the economy and are vital to the future prosperity of Atlantic Canada.

He says the fund would raise capital from the private sector and other institutional investors.

THE CANADIAN PRESS

Legion beset by booze heist

THEFT. Police are looking for the public's help after the Royal Canadian Legion in Gaetz Brook had hundreds of dollars in booze stolen over the weekend.

Halifax RCMP say early Saturday morning, someone broke into the legion located on Highway No. 7 in Gaetz Brook and took a large amount of alcohol.

The estimated value of liquor stolen is $500.

METRO

▶ Proponents, opponents begin renewed PR push as negotiations continue between province and municipality ▶ No word from Ottawa as Jan. 14 deadline approaches ▶ Convention centre will 'change the makeup of the downtown', needs to move forward: Mayor

RYAN TAPLIN/METRO



▶ Developer Joe Ramia talks about the proposed convention centre at Cunard Centre yesterday.

Downtown's future at the centre of debate



ALEX BOUTILIER
@METRONEWS.CA

"We believe it is the right thing for the city, and for the province."
JOE RAMIA, DEVELOPER

"There are a great many communities that have come to the conclusion that a new or expanded convention centre is going to be their economic and development salvation."
DR. HEYWOOD SANDERS, UNIVERSITY OF TEXAS PROFESSOR

Perhaps the only non-contestable fact about the proposed new downtown convention centre is that the facts around it will continue to be contested.

Hours before developer Joe Ramia launched what looks to be an extensive public consultation — and public relations — campaign yesterday, the Save the View camp held a press conference with Dr. Heywood Sanders.

Sanders, a University of Texas professor who specializes in convention centres, claims Halifax is repeating mistakes made by a number of other cities in the U.S. and Canada.

"There are a great many communities that have come to the conclusion that a new or expanded convention centre is going to be their economic and development salvation," Sanders told a small group of journalists and concerned citizens at the Art Gallery of Nova Scotia.

"What we've seen in both the U.S. and Canada has been an explosion in convention centre space."

While convention centre space has boomed, Sanders argues, the demand to hold conventions has declined sharply, creating a buyer's market.

The result, in places like Boston, Washington D.C. and Seattle, has been expanded centres pulling in the same number or fewer out-of-town conventions.

Shortly after Sanders' press conference, Ramia spoke to over 200 business people and politicians at the nearby Cunard Centre.

While Ramia shied away from questions about the province's business plan and estimates for the convention centre's business, he was steadfast in his belief that the convention centre is the right fit for Halifax.

"We believe it is the right thing for the city, and for the province," he said.

Mayor reacts

In his presentation, Joe Ramia made several references to the need for the municipality and the federal government to give him an answer on the project, which is fast approaching the January signing deadline.

Mayor Peter Kelly, as well as several regional councillors, were in attendance at Ramia's presentation.

"As you can see, it's going to change the makeup of the downtown and act as a catalyst. Clearly this project needs to move forward," said Kelly.

Council set to weigh in on funding proposal

City staff will brief Halifax regional councillors today on the pros and cons of the conference centre, and lay out council's options.

After the presentation, council will go in camera to decide on their response to the province's financing proposal.

"It's private so the HRM can keep their cards close to their chest," Mayor Peter Kelly said yesterday.

"The province trying to restrict our revenue flow from property tax is a very major concern for me," Kelly also said, adding he hopes the province is open to dialogue on options.

The presentation will show the new convention centre would mean an estimated $137 million to the HRM's gross domestic product and inspire investment in the downtown.

On the downside — besides the expense — it would take customers from other downtown hotels and office buildings.

JENNIFER TAPLIN

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Million visits a year expected at new arena

Mayor, Outhit cut ribbon at new four-pad arena in Bedford

The ribbon has been officially cut on the new BMO Centre in Bedford.

The rink formerly known as the four-pad arena has been open since Wednesday. But representatives from the municipality and the province were on hand last night for cake, hot chocolate and novelty-sized scissors cutting blue ribbons. Those who use the $40-million facility are expected to make more than a million visits during its first year, according to the municipality.

"This means a lot for my constituents, it means a lot for HRM," said area Coun. Tim Outhit. "We've got kids who couldn't get ice-time throughout HRM, we've got 600 women on a list who aren't playing anywhere, we've got ringette players going to Chester and Oxford. So it's really a good day for ... HRM in general."

Outhit said the federal government's decision to pull funding from the project left a sour taste in his mouth.

"Did it cost too much? Certainly it did, it cost the taxpayers of HRM too much because we should have had the federal government here supporting us," he said.

"But you have to put those things behind me ... and the feds have been there ... with the (new central) library, and hopefully they'll be there for other things." ALEX BOUTILIER

20 employees

- The municipality contibuted $38 million to the facility, with the province contributing the remaining $2 million. BMO was given naming rights to the facility in September. According to operators Nustadia Recreation, the facility will employ about 20 people year-round.

RYAN TAPLIN/METRO



▶ Parents watch a ringette game last night at the new $40-million BMO Centre in Bedford. The four-pad facility had its official opening ceremony last night.

New equipment for search and rescue

Search and rescue crews in Nova Scotia will soon be outfitted with more modern communications equipment, the province's minister responsible for emergency management announced yesterday.

A $1.3-million federal grant will provide volunteers with updated and standardized hand-held communications equipment, Ramona Jennex said.

The funding was first announced Sunday by Defence Minister Peter MacKay.

"Most search and rescue efforts involve more than one team and it's essential that they be able to communicate with each other," said Jennex in a statement.

"These new radios will not only help find people more quickly.

"They will also help ensure the safety of the ground search and rescue teams."

RYAN TAPLIN/METRO



▶ Search and rescue volunteers demonstrate a grid search at Point Pleasant Park yesterday.

The province's 24 volunteer search teams, currently using different radio systems, will receive a base radio and 10 to 12 new field radios, the government said.

"We are thrilled that we will be able to make this world-leading technology available to our membership," said Sherry Veinot, vice-president of the Nova Scotia Ground Search and Rescue Association. THE CANADIAN PRESS

Funding

- The Nova Scotia Emergency Management Office will administer the three-year fund
- The grant also includes funding for a project co-ordinator

Operation Red Nose gets green light

Province House will get a little festive this morning as Operation Red Nose kicks off for the Christmas season.

Operation Red Nose provides free designated drivers — hundreds of volunteers — to keep the roads safe during the holidays.

Jean-Marie De Koninck, Operation Red Nose's founding president, will participate in the Nova Scotia launch for the first time to provide details of the 2010 program.

Halifax Sydney and Truro are participating this year. METRO

Rockers make it home thanks to fans

Fuelled by fan support, Halifax rockers The Stanfields made it home to the East Coast.

Two weeks ago the band was stranded in Kamloops, B.C., because their van broke down.

So they turned to their fans and launched an online "Bring Us Home" campaign.

They raised $8,000, which went over the cost of the repairs. The $500 surplus will be donated to a music-education charity. METRO

For more news, visit metronews.ca

Thieves make off with items after jewelry-store robbery

Thieves struck a New Glasgow jewelry store sometime in the early morning hours yesterday.

The New Glasgow Police Service is investigating a break-in and theft at Inglis Jewellers on Provost Street.

Greg Johnston, one of the owners, said a number of "intrinsics" were taken.

He is asking anyone with information to contact police.

The store opened for business yesterday. NEW GLASGOW NEWS

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BEER • WINE • SPIRITS

Halifax hip-hop artist won't stop till he has it all

Jordan Croucher is hoping even bigger and better things are on the horizon.

The Halifax R&B/hip-hop artist sees his second album hit store shelves today and is optimistic it will be more recognized than his 2007 debut record, No Dress Code.

"It's exciting," Croucher said of the album three years in the making. "I have a lot of people to thank for this."

The record is already getting attention.

The first single off the 13-track release — U Can Have It All — is getting significant airtime on radio stations across Canada.

The song is also No. 14 on the Much Music countdown.

"I'm overwhelmed," he said about the single's popularity. "I hear feedback from my team and everybody involved and it's just really exciting."

FACEBOOK.COM



▶ Jordan Croucher

Croucher's first album was written, produced and recorded in Halifax alongside another local hip-hop artist, Classified.

Set to drop

- **A CD release party** for Jordan Croucher's new album takes place tonight at 9 p.m. at Grafton Lounge.

Toronto's Grammy Award-nominated Kuya Productions, which has worked with names like Nelly, Jesse McCartney and Akon, is behind this second record.

"A lot more energy and time and thought went into this piece of work," said Croucher, who spent time in New York, Los Angeles and Atlanta, writing and recording songs. "These guys are where I want to go with my artistry and the type of sound I want."

AMY BOND

Painting. Progress



▶ New Glasgow Mayor Barrie MacMillan and Lt.-Gov. Mayann Francis unveil a portrait of civil rights hero Viola Irene Davis Desmond at Government House yesterday.

JENNIFER TAPLIN/METRO

A painted tribute to true bravery

Viola Desmond, who was from Halifax, was wrongfully jailed and fined in 1946 for sitting in the whites-only section of a New Glasgow movie theatre. She was posthumously pardoned and granted an official apology earlier this year.

Shoppers staying put

63% of survey respondents say their cross-border shopping habits are unchanged since HST increase

The flood of shoppers across the border in the months following the province's decision to increase the HST by two per cent has not materialized, says a survey conducted by a Halifax consulting firm.

The survey, conducted by Thinkwell Research for the province, indicates people from Cumberland County are making a few more routine purchases across the border, but there has been no shift in major purchases.

Study specs

- **Thinkwell Research** questioned 800 Cumberland County adults between Sept. 27 and Oct. 4.
- **Margin of error** is 3.5 per cent.

Thinkwell was hired by the province earlier this year to conduct a survey on cross-border shopping habits before it moved to increase the HST as part of its Back to Balance plan.

The latest survey shows 39 per cent of respondents travel to New Brunswick a few times a month, as opposed to 34 per cent in April, while those who travel daily, a few times a week or one to two times a year did not change. Most significantly, the survey shows more than 60 per cent of shoppers have not changed their shopping habits due to the tax increase, but gasoline continues to drive people across the border.

AMHERST DAILY NEWS

Halifax airline parent says lower Q3 numbers still on target

Jazz Air Income Fund says its third-quarter profit was nearly 25 per cent lower than it was in the comparable period of 2009.

The Halifax-based regional carrier of Air Canada said net income was $19.1 million in the three months ended Sept. 30, down from $26.9 million in the 2009 third quarter.

Revenues dropped slightly to $379.1 million, compared to $379.7 million year-over-year, mainly due to a lower U.S. dollar.

"I'm pleased with our performance in the third quarter," chief executive Joseph Randell said in a news release yesterday.

"The activities of the last quarter were primarily focused on the execution of two significant events scheduled for this month: the start-up of our operations on behalf of Thomas Cook Canada, and our corporate conversion plan," he said.

THE CANADIAN PRESS





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Clashes in Myanmar drive thousands out

Following weekend elections that were decried by U.S. President Barack Obama as unfair and repressive, ethnic rebels clash with government troops

Mothers carrying babies and grown men hoisting elders on their backs fled Myanmar with 15,000 countrymen yesterday as ethnic rebels clashed with government troops a day after an election widely considered a sham to cement military power.

Fighting raged at key points on the Thai border, wounding at least 10 people on both sides of the frontier as stray shots fell into Thai territory.

It was Myanmar's first election in two decades, billed by the ruling junta as a key stage in its self-proclaimed road to democracy. But the voting has been widely slammed as a sham to cement military power. The country has been ruled by the military near-continuously since 1962.

In the heaviest clashes, Karen rebels reportedly seized a police station and post office Sunday in the Myanmar border town of Myawaddy. Sporadic gun and mortar fire continued into yesterday afternoon.

Thai officials said late yesterday that fighting had quieted and government troops had regained control of Myawaddy.

The fighting threatened to overshadow electoral developments, which include mounting chagrin on the part of anti-government parties over what they charge was blatant cheating on behalf of the military's chosen candidates.

The junta-backed Union Solidarity and Development Party was certain to win an overwhelming number of seats. It fielded 1,112 candidates for the 1,159 seats in the two-house national parliament and 14 regional parliaments. The largest anti-government party, the National Democratic Force, contested just 164 spots.

THE ASSOCIATED PRESS

Violate rights

- Visiting New Delhi, U.S. President Barack Obama said it was unacceptable for Myanmar's government to "steal an election" and hold its people's aspirations hostage to the regime's greed and paranoia.
- Obama said leaders in countries like the U.S. and India have a responsibility to condemn such gross violations of human rights. He was speaking before India's parliament.

APICHART WEERAWONG/THE ASSOCIATED PRESS



▶ A Myanmar man and his son received rice at the Border Patrol Police base in Thailand's Mae Sot town yesterday following fighting between Myanmar soldiers and ethnic Karen fighters.

Smoking chimpanzee rescued in Lebanon

A 12-year-old chimpanzee was heading to a sanctuary in Brazil yesterday after animal rights workers discovered him smoking cigarettes to entertain visitors at a Lebanese zoo.

Omega, who weighs around 60 kilograms, has never climbed a tree or seen other chimpanzees. But he often puffed cigarettes that zoo visitors threw in his cage.

"The chimp still regularly smokes ... if someone will throw him a cigarette he'd pick it up and go for it straight away," said Jason Meier, executive director for animal rights group Animals Lebanon.

Organizers of Omega's evacuation say it marks the first time a chimpanzee has been rescued in Lebanon, a country with virtually no animal rights protection laws.

In his younger years, Omega was used in one of the local restaurants to entertain people and was made to smoke cigarettes and serve water pipes to customers. After he grew stronger, he was locked up and taken to a zoo where for the past 10 years he has lived in a cage measuring 40 square metres.

Chimpanzees and other highly endangered wildlife are regularly smuggled to the Middle East to be displayed in private zoos, hotels and for the pet trade.

THE ASSOCIATED PRESS

HUSSEIN MALLA/THE ASSOCIATED PRESS



▶ Omega, a 12-year-old chimpanzee, bares his teeth through his cage in a zoo in the southern Lebanese village of Ansar yesterday.

Protect primates

- Animals Lebanon has been pushing for Lebanon to join the 175-nation Convention on International Trade in Endangered Species, or CITES, and adopt laws that regulate the importation of primates. Lebanon, Iraq and Bahrain are the only Arab countries yet to sign the convention.



Canadian among kidnapped

A Canadian was among at least five oil workers abducted by gunmen in speedboats in an attack on a rig yesterday off the coast of Nigeria's troubled southern delta.

The Canadian hostage is Bob Croke, a St. John's, N.L, area resident, a family member said. The Department of Foreign Affairs in Ottawa said it is aware of the reports.

THE CANADIAN PRESS

Sex assault case goes Friday

The Graham James sexual assault case has been put over until Friday. A lawyer for the convicted sex offender appeared in a Winnipeg court yesterday.

THE CANADIAN PRESS

Pope calls for talks on abuse

Pope Benedict XVI has summoned cardinals from around the world to a day-long summit in Rome next week on the clerical sex abuse scandal and other issues. THE ASSOCIATED PRESS

Knife 'a nightmare': Smart

STEVE C. WILSON/THE ASSOCIATED PRESS



▶ Elizabeth Smart, right, arrives at Federal Court with her sister, Mary Katherine Smart, yesterday in Salt Lake City.

Accused in kidnapping removed from courtroom for singing hymns

Elizabeth Smart awoke when she felt a cold knife on her throat.

Then she heard a man threatening to kill her and her family if she didn't leave with him.

"He said he was taking me hostage, for ransom. I was shocked. I thought I was having a nightmare," Smart told jurors yesterday, the first day of testimony in the trial of Brian David Mitchell, accused of kidnapping her from her bed in 2002 and holding her for nine months.

Smart's mother, Lois, testified earlier that she hired Mitchell, then known only as a homeless street preacher named "Immanuel," to do handyman work at the family home after she and her children ran into him downtown and one of her sons encouraged her to give him money.

Mitchell's attorneys say he was influenced by escalating mental illness and extreme religious beliefs that made him think he was doing what God wanted him to.

Elizabeth Smart was 14 when she was kidnapped.

THE ASSOCIATED PRESS

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$1 trillion — that's our mortgage debt

Industry report finds Canadians still favour fixed-rate mortgages **Five-year fixed rate option most popular**

Canadian mortgage debt has spiked to over $1 trillion, largely as a result of high home prices and low interest rates, according to a report by Canada's mortgage industry.

The value of outstanding mortgages is now 7.6 per cent higher than it was last year, the Canadian Association of Accredited Mortgage Professionals said in its annual report released yesterday.

The report says higher prices have forced many Canadians to borrow heavily to finance home purchases.

Canada's housing market has been on a tear for much of the past year after the Bank of Canada sent its trend-setting policy rate to an emergency low of 0.25 per cent to stimulate borrowing and consumer spending.

Buyers, spurred by easy access to relatively cheap borrowing, rushed into the market and competed aggressively for homes, which drove prices to record highs.

The market has been cooling in recent months as many sales were pushed ahead to the beginning of the year in advance of tighter mortgage qualification rules, a new tax regime in B.C. and Ontario and higher interest rates.

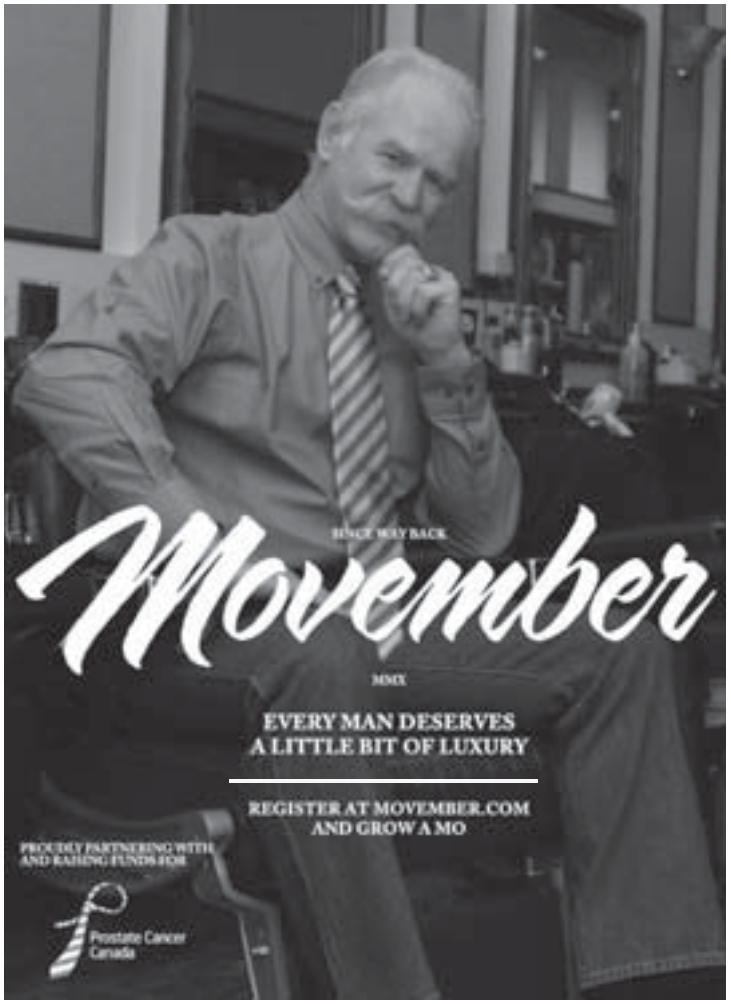
Meanwhile, the Bank of Canada's policy rate has been hiked three times to one per cent, still historically low.

THE CANADIAN PRESS

Report findings

Most homeowners are comfortable with their level of mortgage debt.

- **About 84 per cent** said they could afford at least a $300 increase in monthly mortgage payments.
- **About six per cent** of Canadian mortgage holders would be challenged by rate rises of less than one per cent.



U.S. Foreign policy



▶ U.S. President Barack Obama holds a courtesy meeting with New Delhi Congress President Sonia Gandhi in New Delhi yesterday.

JIM WATSON/GETTY IMAGES

Obama on the move in India

The United States and India signed six agreements besides a plethora of business deals inked separately during U.S. President Barack Obama's trip to India.

Panel, Congress at odds over BP oil spill claims

The presidential commission investigating the BP Gulf oil spill challenged claims in Congress that the oil company and others sacrificed safety to cuts cost.

In preliminary findings issued yesterday, the panel's investigators supported many of BP's own conclusions about what led to the disaster.

The panel's chief investigator, Fred H. Bartlit Jr., announced 13 principal findings, many of which seemed to track with investigations of the blowout, including BP's.

Bartlit said he agreed with "about 90 per cent" of the company's own conclusions. Under commission procedures, Bartlit presented the findings to the seven-member panel.

One determination in particular challenges the narrative that has dominated the headlines and Democratic probes in Congress since the April 20 incident killed 11 and unleashed more than 200 million gallons of crude into the Gulf of Mexico: that BP made perilous choices to save money.

Bartlit started his presentation with a moment of silence for the blowout's victims. THE ASSOCIATED PRESS

Possible causes

After months of hearings, investigations and finger-pointing, there is still disagreement over what and whose mistakes triggered the deadly and polluting explosion.

- **The president's commission** questioned the interpretation of a critical test used to determine if the well was stable before the company abandoned it.
- **The investigators** said that some procedures BP decided to use in that process introduced additional risk.

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Wands out

The U.S.-based entertainment company Warner Bros says it plans to buy and expand the English studios where the Harry Potter films are made.

THE ASSOCIATED PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

Natural gas 1,000 cu ft
$4.088
(+ 15.1¢)
Gold contracts
$1,403.20
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($87.06 US)

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IS IT ENOUGH TO LOVE THE ONE YOU'RE WITH?

She says ...

JESSICA NAPIER



When you've been in a relationship for a while, you inevitably start to hear the same question over and over again, "So ... is this the one?"

And there it is folks, the one: One true love to have and to hold for eternity. Finding your soulmate can be beautiful and romantic. However, the idea of settling down forever with just one human being sends some commitment phobes running for the hills.

For me, staying faithful to one person for 40-plus years seems like an incredibly difficult commitment — not impossible, but definitely a challenge. I love my "the one" very much, but I sometimes I wonder, as the decades go by will my feelings change?

Almost 40 per cent of couples in Canada will divorce by their 30th wedding anniversary. Statistics like this make it hard to keep our faith in being faithful. It's hard to believe that one other person could satisfy every emotional and sexual need till death do you part. So what are the options when both partners start to feel like there is something missing in the relationship? Do you stick together and try to work it out, break up, or explore an alternative lifestyle?

"So what are the options when both partners start to feel like there is something missing in the relationship?"

When monogamy becomes monotony, some couples are turning to something (or someone) outside the relationship to spice things up. Open marriages and swinging are no longer the taboos they once were. In fact, reality TV shows like Sister Wives and Cheaters are contributing to the mainstreaming of these types of plural partnerships.

It seems the worst part about infidelity (besides the health risks you might subject your partner to) is the lying and the mistrust. But what about when it is completely consensual? If there is no real element of deceit, can we really call it cheating?

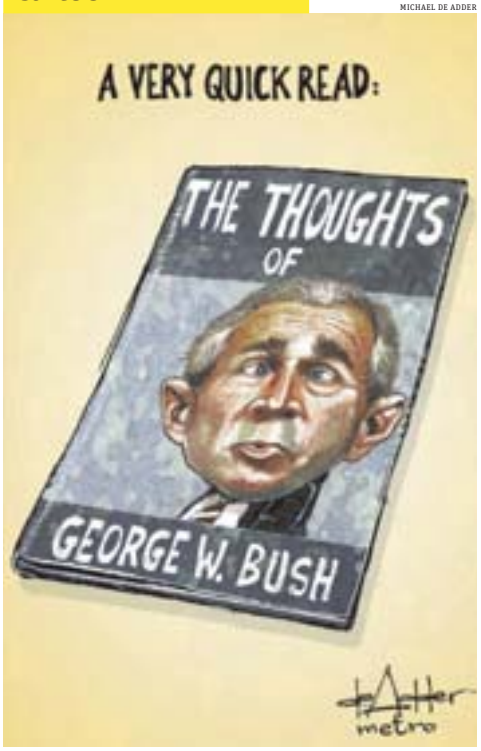
These non-traditional relationships are a minefield of ethical obstacles that can lead to a number of emotional (not to mention legal) consequences. But as problematic as they might be, many couples believe that becoming romantically or physically involved with other people can be a way to save a marriage, and even make it stronger.

Whether engaging in extramarital activities is right for your relationship is a personal decision unique to every couple. But when a website that facilitates adulterous encounters has more than seven million members, we have to wonder if the concept of monogamy is starting to become extinct.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER



No silly shirts for leaders

Worth mentioning

For some Pacific Rim leaders, this will surely come as a relief: No kimonos or other special attire for the annual group photo.

Over the years, one of the most memorable moments of the annual Asia-Pacific Economic Co-operation summit has been what's come to be called the "silly shirts" photo, often representing the host country's culture.

The 21 APEC leaders have posed for together in Javan batik shirts (Indonesia in 1994), flowing ponchos (Chile in 2004) to Vietnamese "ao dai" — elegant silken tunics in which several of the leaders were visibly ill at ease — in 2006.

But this year in Japan, the leaders were instructed to come in "smart casual" for Saturday's photo, said a government official, who spoke on condition of anonymity, citing department rules.

The Japanese official cited the timing for the photo session, which falls between a traditional Kabuki theatre performance and an official dinner hosted by Prime Minister Naoto Kan, as one possible reason for the relatively staid choice.

The typical tight-fitting traditional kimono is not very comfortable or suitable for a photo session, said another official, though he did not explain why. THE ASSOCIATED PRESS

One size fits all



Is the poppy valid recognition for war veterans?

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Metro Minute at Crosby book launch

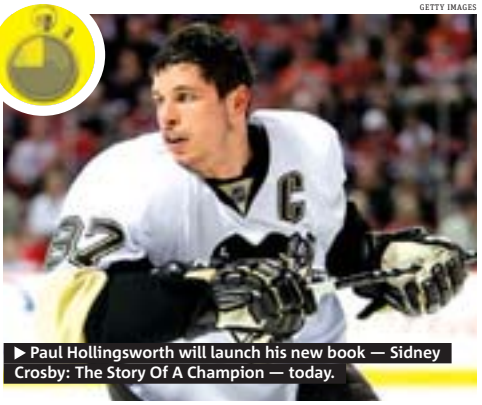
Sidney Crosby fans, take note. CTV newscaster Paul Hollingsworth will launch his new book — Sidney Crosby: The Story Of A Champion — today at 5 p.m. at the Nova Scotia Sport Hall of Fame.

The 80-page paperback chronicles the Cole Harbour hockey star's distinguished career, from his minor hockey days to his Quebec Major Junior Hockey League career to his Stanley Cup win to his Olympic gold medal.

It includes 40 colour photographs and features interviews and commentary from coaches, teammates and hockey insiders.

Hollingsworth, a Dartmouth resident, won a Gemini Award in 2003 and also authored Brad Richards: A Hockey Story. METRO

GETTY IMAGES



▶ Paul Hollingsworth will launch his new book — Sidney Crosby: The Story Of A Champion — today.

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All's fair in Hollywood justice

Joe Wilson and Valerie Plame, smeared by the Bush administration, tell their story ◗ Naomi Watts and Sean Penn star as the couple

PHIL BROWN
SCENE@METRONEWS.CA

In July 2003, Joe Wilson published an article in the New York Times outlining why he believed the Bush administration was lying to the public so it could fast-track the Iraq war.

The government's response was to out his wife's, Valerie Plame, classified position with the CIA and launch a massive media smear campaign that almost ruined their lives. As it became obvious that a certain president was more suited to watch kid's cartoons than run a country, their names have been cleared.

Now, the film Fair Game (starring Sean Penn and Naomi Watts as the couple) further explores the injustices they endured.

"Obviously, there was apprehension towards the movie because of the way our story had been reported," Wilson told Metro.

"But we were consultants on the movie and worked with the director to make sure that the script was as true to the facts as possible."

In a rare instance of truth over fiction in Hollywood, the couple was able to ensure its story was accurately represented with a few limitations.

"Like every CIA employee, I signed a secrecy agreement and that's good for a lifetime," said Plame. "There were some things that were off limits and they understood that."

Plame and Wilson are pleased with how Fair Game turned out, even if it can be difficult to watch.

"I've seen it three times now and ... it is not yet therapeutic. It's still pretty raw to have to go back and relive what we went through," said Wilson.

However, they recognize their story carries cultural significance worthy of the attention.

"We want people to ... not see it so much as a black mark on the Bush administration, but against the abuse of power," explained Plame.

Quotables

What the real star of Fair Game is saying

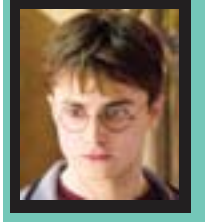
- **Valerie Plame's first reaction to the movie**
 "The producers had approached us ... but we knew nothing about Hollywood and that world."
- **Plame on Naomi Watts**
 "We've become friends ..."



▶ Naomi Watts stars in Fair Game, based on the story of Valerie Plame and her husband.

2 scene

Scene in brief



Warner Bros. has announced plans to buy and expand the English studios where the Harry Potter films are made. Warner Bros says it will invest roughly $161-million in a major expansion of the Leavesden Studios. Chairman and chief executive Barry Meyer said yesterday the investment will give Warner Bros. a state-of-the-art, permanent UK production base.

The enlargement program will be completed in 2012.

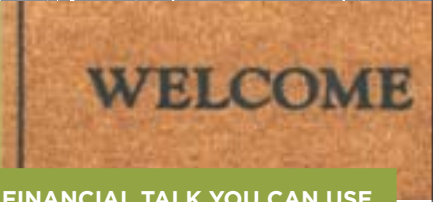
THE ASSOCIATED PRESS

Force Unleashed II manages to make fantastic Jedi power seem ordinary

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Lohan has a visit with her father

Michael visited Lohan at Betty Ford Clinic Spent several hours together, including shopping at a mall

GETTY IMAGES


Lindsay Lohan

Michael Lohan's recent good behaviour earned him some time with daughter Lindsay Lohan over the weekend, according to Radar Online.

"Lindsay met Michael at Betty Ford and the pair spent hours together. It was not a fleeting encounter, this appeared well-planned in advance," a source says. "They also went shopping at a local Palm Desert mall, where they were seen walking around together and at one point, were in a jewelry store."

When asked about the meeting, Michael kept up his new policy of not talking to the media, saying, "I have pledged not to comment about anything relating to my daughter. However, what I will say is that I am an incredibly proud father tonight. My daughter is progressing extraordinarily well."

Meanwhile, Dina Lohan insists that daughter Lindsay is doing so well in rehab that she wants to go into the business herself when she gets out.

"She wants to start her own facilities, help other children," Dina told Matt Lauer during an interview on the NBC's Today show. "She's so public, we can only be positive and look to the future to help other families." METRO

Celebrity tweets



Ashton Kutcher [@aplusk]
Dear Brett Favre, Retire. Sincerely, Ashton



50 Cent [@50cent]
just thinking when I die I want to be remembered as someone special. I have to be better at everything I do.



Steve Martin [@SteveMartinToGo]
Pretaping wife now for dinner conversation tonight.



Pink [@Pink]
Thinkin about hibernating for winter.

METRO

50 Cent denies fling

50 Cent insists the rumors about him and late-night host Chelsea Handler having a fling are bogus.

"I didn't hear none of that," he tells Hollyscoop of recent reports of their alleged hook-ups. "I don't know how you set it straight. Chelsea is a friend of mine and she's been working on a lot of great television projects I've been communicating with her (about)."

METRO

Aguilera seen with a new man



Christina Aguilera enjoyed a night out recently with pals Nicole Richie and Joel Madden as well as a mystery man who turned out to be Matthew Rutler, her set assistant for her new film, Burlesque, according to the Daily Mail.

While dining with a colleague is hardly suspicious, their exit from the SoHo House raised some eyebrows, as Rutler reportedly hid under a blanket in the backseat of Aguilera's car to avoid the press.

METRO

ISTOCK PHOTO



▶ An Australian study found that skipping breakfast over a long period may have detrimental effects to your heart. It found that people who skipped breakfast tended to have higher cholesterol, elevated insulin levels and larger waist circumferences. It was published in the American Journal of Clinical Nutrition in October 2010.

We're bringing breakfast back

Eating in the morning is good for you But no need to force it down

CELIA MILNE
LIFE@METRONEWS.CA

Turned off by breakfast?

No need to force yourself. Nutrition experts have been telling us for years that we should eat breakfast. But this doesn't mean you have to choke down food when you're not hungry yet.

"Breakfast is, indeed, important," says nutrition guru Dr. David Katz, director and co-founder of the Yale Prevention Research Center in New Haven, Conn.

"But exactly when and exactly where you eat it is up to you."

According to Dr. Katz, people who eat breakfast tend to be healthier and leaner than those who skip it.

One new study even shows that eating breakfast is good for your heart. Yet, many people don't realize it's not crucial to eat breakfast the minute your feet hit the floor in the morning.

If you aren't hungry when you first leave home in the morning, but get hungry at about 10:00 a.m. or 10:30 a.m. while at your desk, it's still healthier to eat something then, than to fast until lunch time.

"I routinely have breakfast that late, because that's when I get hungry for it," says Dr. Katz.

"If I can't eat a late breakfast at home, I take it with me."

Dr. Katz is an internationally renowned authority on nutrition, weight management and prevention of chronic disease.

He has written more than 100 scientific papers, almost 1,000 newspaper columns and 12 books on nutrition.

And he's an advisor to U.S. President Barrack Obama.



Morning rush

Nutrition expert Dr. David Katz takes a mix of whole grain cereals and fresh fruit for his late-morning breakfast. Here are his recommendations for breakfast on the go:

- Dried fruit and nuts (packed with nutrients, easy to carry, great shelf lie. But don't get ones with lots of sugar and salt added).
- Larabar Raw Food Bar chocolate coconut chew bars.
- Nature's Choice multigrain cereal bars.
- Wholesome Goodness bars.
- Yogurts that are all about milk

3 life

Health in brief



In a scientific feat that almost defies imagination, Canadian researchers have transformed human skin into different types of blood cells. The achievement by McMaster University scientists is being hailed as a breakthrough that could one day help patients needing transfusions for surgery, to treat potentially deadly blood disorders or to offset the destructive side-effects of chemotherapy.

THE CANADIAN PRESS

Special CT scans cut lung cancer deaths in study; questions remain about screening



Treating a mob boss

In real-life twist on Sopranos, some Italian mobsters work out their angst in therapy Snitches and bad hair among their problems

HBO/THE ASSOCIATED PRESS



▶ In another case of life imitating art — Italian mobsters are now speaking to therapists about their problems, similar to the scenes made famous by HBO's Sopranos.

The mafia boss was having a dreadful time dealing with loss. But he wasn't struggling with the loss of lives, or even the loss of his freedom.

"Doc, it's my hair," the mobster from the 'ndrangheta crime syndicate confessed to his psychiatrist in jail. "I'm afraid of losing my hair.

"And look at these spots on my arm. See them?" he half-pleaded as he rolled up a sleeve and thrust out his arm.

"But your hair is fine. Absolutely fine. And there aren't any spots," Dr. Gabriele Quattrone tried to reassure his patient — who had tied himself into a knot of anxiety over the hair he believed to be falling from his head and the imaginary blotches popping up all over his arms. Quattrone is one of a tiny corps of psychotherapists who have treated Italian organized crime bosses or their family members.

Patients include dons haunted by nightmares, turncoats tormented after ratting and wives left frigid by rigid codes of loyalty. In exclusive interviews with The Associated Press, granted on condition that the identities of the mobsters not be revealed in line with doctor-patient confidentiality, the doctors offered rare insights into the secretive, increasingly strung-out world of Italy's centuries-old criminal organizations.

But seeking help is risky business. Among mobsters, visiting a psychologist is a weakness you can pay for with your life. Palermo psychologist Girolamo Lo Verso recalled the case of a mobster's son who told another therapist at a public mental health facility, "'If my father knows I come here, he'll kill us."

"If you're a mafioso, and you're anxious, you're not trustworthy and you have to be eliminated," said Lo Verso. "A mafioso is paranoid about everything" — trusting the mafia code of silence ("omerta") more than the medical code of patient confidentiality.

The state's war on organized crime has put hundreds of bosses behind bars, sometimes for decades, sorely testing the mental health of spouses, children and even the mobsters themselves.

THE ASSOCIATED PRESS

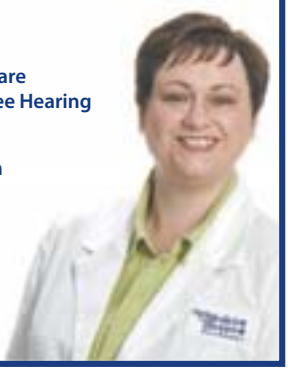
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High-blood pressure sufferers to see relief

A new healthy gene found that shows lower risks ◗ Disease could affect 1.5 billion people by 2025

ANTHONY JOHNSTON
WELLNESS@METRONEWS.CA

A new healthy gene variant has been discovered by an international team of scientists, paving the way to new prevention and treatment for high blood pressure (hypertension).

Research led by the University of Glasgow and Istituto Auxologico Italiano of Milan identified the new gene they claim lowers the risk of high blood pressure and heart disease.

Individuals carrying this variant were found to have 15 per cent fewer heart-related ailments and deaths, scientists say.

The study, one of the largest ever carried out in this field of genetics, involved some 40,000 people across eight European countries.

The specific gene variant, found in chromosome 16 in human DNA, prevents hypertension through its control of uromodulin, a protein found in urine that deregulates blood pressure, the new findings say.

To identify which genetic variations play a part in a common disease such as hypertension, more than 500,000 variants were analyzed throughout the spectrum of the human genome.

The study was conducted as part of InGenious HyperCare, an EU-funded international collaboration involving 31 scientist groups from 14 countries, including Russia and China. Hypertension, or high blood pressure, is one of the leading risk factors for death worldwide; the condition increases hardening of the arteries, thus predisposes individuals to heart and kidney failure.

The numbers of adults with hypertension is expected to rise to 29.2 per cent of the world's population by 2025, which means 1.5 billion affected, according to a 2005 report published in the highly respected journal The

Blood pressure

Factors that can contribute to hypertension include:

- Age (blood pressure usually increases with age)
- Diet
- Excessive alcohol consumption
- Lack of exercise
- Obesity
- Sleep apnea
- Stress

ISTOCK PHOTOS



▶ Researchers from 31 groups in 14 countries were involved in the new study that claims gene lowers the risk of high blood pressure and heart disease.





Top 4 desk culprits

Your workday can be full of irritations. Here are some tips on tackling them.

1
Chair
If you're having problems with your posture, perhaps your office chair is wrong for you. Make sure it has a good backrest and is set to the correct height. You could also get an orthopedic chair to lessen feelings of discomfort or back pain.

2
Desk buddies
If the person beside you at work always offers candy and makes a point of sharing it, learn to politely refuse. Then grab an apple.

3
Computer screen
Staring at your computer screen all day long isn't thought to cause any long-term damage. However, the reflection from the screen and general fatigue can cause headaches or bleary eyes. Get up and walk around every hour.

4
Desk
The height of your desk could be wrong — together with your chair — which could lead to problems such as tendinitis (inflammation of the tendons in your wrist).

ROMINA MCGUINNESS

Thoughts on... Gratitude

Stay in the now

ADVICE Many of us are feeling nervous about the state of affairs in the world but this too shall pass. Being grateful for what you have in the moment, here and now, will help you weather the storm.

If everyone around you can't stop talking about what is going on or what's going to happen, simply change the subject or walk away.

Gratitude is a powerful force. Everyday before you start your day, take a moment to be grateful for all things that you have currently in your life.

Whenever you find yourself tempted to join the gloom talk just step back and say 'Thank You' for that which sustains you in these difficult times.

NATASHA DERN IS THE HOST OF THE BUDDHA LOUNGE RADIO SHOW & A REGULAR CONTRIBUTOR TO THE HUFFINGTON POST. AWAKENINGSCANADA.COM



Mission to Mars made in Canada

RAF BRUSILOW
FOR METRO HALIFAX

Researchers from four Canadian universities will play an integral role in the upcoming Mars 2016 exploration mission using Canadian-made technology and knowledge.

The mission, which is jointly run by NASA, the European Space Agency (ESA) and the Canadian Space Agency (CSA), will place an unmanned spacecraft into orbit with the red planet and probe its atmosphere for weather patterns, gasses and even signs of former life.

Jack McConnell, a professor of atmospheric science at Toronto's York University working on the project, says the mission will give scientists a unique look into Mars' history and atmospheric conditions.

"This is going to be an important, exploratory mission. It's going to increase our level of understanding of what's going on in the atmosphere on Mars and maybe it will be able to tell us if there has been life on Mars in the past," McConnell said.

"It's very important to involve students – they get to see not only the research but also what it takes to do the job. It's a skill that carries over to other fields in their lives. It's not just about the science, but the discipline of working with these huge international teams and doing your part."
PROFESSOR JAMES DRUMMOND, DALHOUSIE UNIVERSITY

The York team is contributing a weather forecasting model developed by a former student while a team from Dalhousie University in Halifax will equip the Mars spacecraft with a sensitive imaging device that will show the layering of dust in the atmosphere. Research teams from the University of Toronto and the University of Winnipeg are also participating in the mission.

Physics professor James Drummond leads Dalhousie University's contribution to the mission and says the best part of the Mars 2016 mission is that it showcases Canadian ingenuity.

"This is Canadian technology, developed in Canada. This is an example where people have come to us and said, 'We really need your technology.' This is really a Canadian success story," Drummond said.

Mission

- The Mars unmanned exploration mission is scheduled to launch in 2016 and should begin orbiting the planet by 2018.
- Years on Mars are twice as long as on Earth so the first Martian year of measurements will be completed by 2020 and researchers expect the spacecraft will continue to operate and provide data afterwards.
- Among other things, researchers are looking for proof of methane in the atmosphere. One of the main sources of methane is living biological matter, so a high abundance of methane could signal that Mars once contained life.

ISTOCK



▶ The PhD in educational studies will combine the resources of three universities, including more than 60 faculty members.

Coming together

The Mount, Acadia and St. FX to offer new education PhD

RICHARD WOODBURY
FOR METRO HALIFAX

While Nova Scotia universities usually compete for students, three universities are partnering together to offer a PhD in educational studies.

"It's quite innovative. It's the first PhD program for any of the three universities," says Jim Sharpe, Mount Saint Vincent University's (MSVU) dean of education.

Acadia University and St. Francis Xavier University are the other universities involved in the program.

The program will combine the resources of the three universities, including more than 60 faculty members.

Students will focus on six areas of core study: Educational leadership, educational foundations, curriculum, literacy, psychological issues in education and lifelong learning.

"It's quite broad and rather than a really specialized doctoral program, it's more of a generalist program where people can specialize in their own area of research," says Sharpe.

The schedule of the program will involve both traditional classroom learning and the use of distance learning. The first cohort of students will begin an intensive summer session in July 2011 at one of the universities (which will then rotate from university to university every year).

The core courses of the program lasts 14 months and Sharpe says most students will take between three to five years to complete the core program and doctoral thesis.

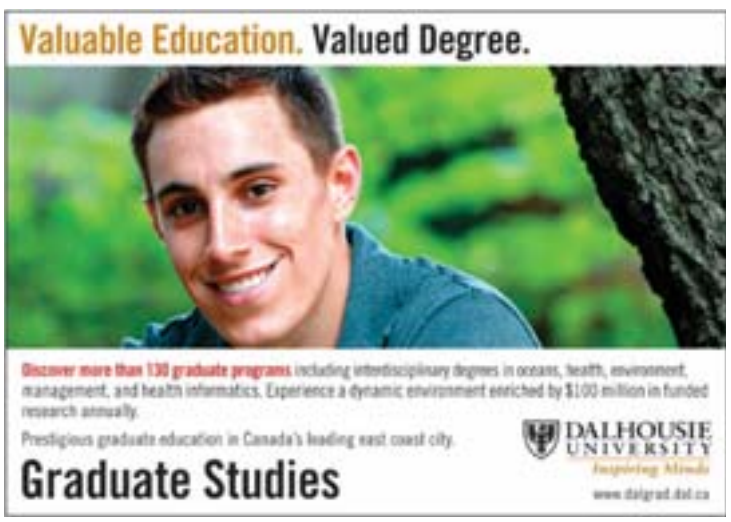
$300,000
The amount of funding being provided by the Nova Scotia Department of Education to fund the PhD in educational studies for the 2010-2011 year.

A lasting effect

The provincial department of education is a big fan of the new PhD in Educational Studies being offered by three of the province's universities.

"Offering Nova Scotians the opportunity to complete a doctoral degree in education in their home province can only have a positive effect on our education system," says spokesperson Krista Higdon in an email. "It will mean those wanting to pursue this will not have to relocate to another province.

This program is designed to be among the best in the country, and there is real potential to attract doctoral candidates from across the country to our province."
RICHARD WOODBURY



Variations on dinner

Rice and pasta help to make suppers fast and easy ◆ Lots of veggies make these dishes nutritious



▶ Skillet Steak & Corn

Preparation:

1. In a large skillet, cook steak, onion and thyme over medium-high heat in oil until meat is no longer pink; drain. Add wine; simmer, uncovered, for 10 minutes or until liquid has evaporated.
2. Stir in tomatoes; cover and simmer 15 minutes longer. Add corn and heat through. Serve with rice.

Ingredients :

- 500 g boneless beef top round steak, cut into strips
- 1 medium onion, cut into 1/4-inch wedges
- 1/2 tsp dried thyme
- 2 tbsp vegetable oil
- 3/4 cup red wine or beef broth
- 398 mL can diced tomatoes, undrained
- 2 x 284 mL cans corn niblets, drained
- Hot cooked rice



▶ Peanut Chicken Stir-fry

Preparation:

1. In small bowl, combine 1/2 cup water, peanut butter, soy sauce and brown sugar until smooth; set aside. In skillet or wok, stir-fry garlic in oil, 30 seconds. Add chicken; stir-fry 5 minutes or until no longer pink. Add broccoli; stir-fry, 5 minutes.
2. Stir in peanut butter mixture; cook and stir 2-3 minutes or until sauce is smooth and broccoli is crisp-tender. Combine cornstarch and remaining water until smooth; gradually add to skillet. Bring to boil; cook and stir for 2 minutes or until thickened. Serve with rice or noodles.

Ingredients :

- 1/2 cup plus 1 tbsp water, divided
- 1/4 cup peanut butter
- 3 tbsp soy sauce
- 1 tbsp brown sugar
- 2 to 3 garlic cloves, minced
- 2 tbsp canola oil
- 500 g boneless skinless chicken breasts, cubed
- 3 cups fresh broccoli florets
- 1 tbsp cornstarch
- Hot cooked rice or noodles

Preparation:

1. Cook fettuccine according to package directions. Meanwhile, in large pot, bring water and broccoli to boil. Reduce heat; cover and simmer 4-6 minutes or until crisp-tender. Drain.
2. In large pot, melt butter over medium heat. Stir in flour until smooth. Gradually whisk in milk. Bring to boil; cook and stir 2 minutes or until thickened. Remove from heat; stir in Parmesan cheese and broccoli.
3. Drain fettuccine; top with broccoli mixture.

Ingredients :

- 1 package fettuccine
- 1 cup chopped fresh or frozen broccoli
- 3 tbsp butter
- 1 tbsp all-purpose flour
- 2/3 cup milk
- 1/4 cup grated Parmesan cheese



▶ Broccoli Fettuccine Alfredo

There's more to whisky than Scotch



PETER ROCKWELL
LIQUIDASSETS@EASTLINK.CA

Mention whisky in Canada and most thoughts turn immediately to Canadian, Scottish or even Irish versions. But in the last few years, American whisky has made some major inroads into our fair country.

Bourbon is hands-down their most famous type. Originating in Kentucky, bourbon can actually be produced in any U.S. state as long as it meets certain criteria – especially that it be made with at least 51 per cent corn.

Of all of America's mainstream bourbons Maker's Mark ($37.95 to $39.99) has carved out a nice niche with its rich flavour profile and distinctive package that features a unique square-bottomed bottle and groovy red latex-dipped cap sealant.

With exotic tropical aromatics and a well-wooded, caramel-meets-barrel char mouth feel, it's an ideal introduction to the what American whisky has to offer whether on its own, over ice or with a dash of spring water.

Prices reflect the range across the country. Some products may not be available in all provinces.



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WIFE WANTS TO STOP THE MESS

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My husband never cleans up after himself. I'm sick of being his maid! How do I make this stop?

Angela says...

Have you asked him directly, or are you expecting him to suddenly notice that he should do it? The direct approach always seems to work better with the male species. Dividing the work is also key. In our house, one person makes dinner, and the other cleans up. Works brilliantly. It's often a race to be the first one home after work. And in the interest of full disclosure, we have a cleaning person who comes every two weeks, thus avoiding the "who's turn is it to clean the bathroom" discussion.

Derek says...

Are we talking about a messy desk and pile of clothes, or is this crusty dishes under the sofa? While there's no excuse for an adult man to neglect cleanliness to the point of allowing bacteria cultures to grow in the living room, you might be faced with an incurable condition at this point. In which case, you should invest in a hazmat suit and industrial cleaning service. But if he's an average sloppy guy, start small: Ask him to make the bed and throw in a load of laundry once a week. Build from there. Reward him with a bottle of 12-year-old Macallan scotch.

QUICK CHATS LED TO LOVE

Names: Shannon, 25, and Andy, 38

Hometown: Toronto

Together since: 2009

Their story:



How We Met: Shannon & Andy

"Andy and I (Shannon) met when I started a new job at a medical office — he was the Purolator guy.

"One day, Andy came into the office with a package I was expecting — I had ordered something from a motorcycle shop. Being a rider himself, he recognized the name of the store and was very curious about the contents. Having discovered our joint passion for motorcycles, our conversations became more frequent. Andy would even stop into the office empty handed just for a quick chat.

"About two years later, we had our first date — on a motorcycle, of course! We went for a beautiful summer ride and rode by the waterfront in Port Perry, Ont. It was there — 36 minutes into our first date — that I knew he was "the one." I asked him to marry me. He said yes and kept me waiting (im)patiently for him to surprise me with a proper proposal. Andy finally proposed in January 2010, at the same place in Port Perry where I had asked him to marry me. After some drama, a bit of stress and a wedding venue cancellation, we finally tied the knot in September 2010 in Toronto."

WE WANT TO KNOW HOW YOU MET! GO TO 2FORCOUPLES.COM NOW TO SUBMIT YOUR LOVE STORY.

Splitting up? Facebook knows when

MOA KÄRNSTRAND
LIFE@METRONEWS.CA

Are you in a relationship in and around Easter, two weeks before Christmas — or even every Monday?

Beware! These are the peak times when we tend to break up — at least according to an intriguing infographic that uses Facebook to chart when people are splitting up.

British journalist and graphic designer David McCandless, whose expertise lies in showing data in visual ways, is the architect behind the love-testing graph.

To produce it, McCandless searched 10,000 Facebook status updates (from a period of 12 months) for words like "broken" and "breakup" that suggested romantic relationships had ended.

He then plotted the data to reveal when Facebook users were most likely to get dumped over the course of a year. By his estimations, Christmas Day is the safest time for a relationship, but the two weeks leading up to Dec. 25 are dangerous in lovers' calendar; so too are Easter and even regular Mondays.

"(Relationship breakups) have a mini-peak every Monday, and flatten out over the summer," David McCandless said at a TED conference of thinkers and inventors as he was showcasing his curious study.

"(Relationship breakups) have a mini-peak every Monday, and flatten out over the summer."
DAVID MCCANDLESS

On the thought of splitting up on Christmas Day, McCandless said: "Who would do such a thing? That would be cruel!"



▶ Christmas Day is the safest time for a relationship, but the two weeks leading up to it are dangerous for lovers.

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Fun and Frugal



LESLEY SCORGIE
MONEY@METRONEWS.CA

THINK TWICE BEFORE USING RRSP FUNDS

There are two ways to borrow from your RRSP. First is through the RRSP Home Buyers' Plan, for first-time home buyers, and second is through the Lifelong Learning Plan, for educational expenses. These Canada Revenue Agency programs allow you to withdraw funds without a tax penalty.

These plans make sense for some people, but there are drawbacks. First, when you take money out of your RRSP, you lose the power of compounded interest and re-invested returns on those funds. Money grows exponentially over time and when you reduce the money in your RRSP account, you earn less interest and sacrifice potential returns

Second, when you repay those borrowed funds each year, you don't get any tax write-offs on those repayments because they aren't considered RRSP contributions; it's not new money.

Don't go in debt to pay for gifts, start saving

Simple ways to cut expenses from now until Christmas that will help ease the cost of gift buying No need to be a Scrooge if you start saving now

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA



Keep your holiday gift debt to a minimum by building up a cash cushion now.

How would you like to have no holiday gift debt? Zero. None. Not a dime. Here's how.

According to a moneyville.ca on-line poll the average holiday gift tab will be just over $600 this year. And it will all be spent during the seven weeks between now and Christmas.

With a little bit of belt tightening you will have the cash for holiday presents and no nasty credit card bill in the New Year.



▶ Holiday gift buying can get pricey so start saving up now.

1 Brown bag it. I know you've heard this one before but it really does work. Cut out three lunches a week at $6 a pop. Saved: $126.

2 Can the take out coffee\tea\latte\cappuccino\donut. This is another money saving nag but, as with the brown bag, it really works and once you get used to it the pain of deprivation disappears. Saved: $100 (based on a medium coffee and donut once a day)

3 Scissors and Comb. I've been cutting my husband's hair for 30 years. I also cut my two daughters' hair and now my wiggly grandson. I figure I've saved thousands and one of these days they're going to get an invoice. Cut out one haircut per family member between now and December 25. Saved: $100 (1 adult, 2 children)

4 Do your own. Maybe not your hair! But manicures and pedicures are actually quite relaxing and fun to do on a cold winter evening. Saved: $50

5 Eat In. You can do it! Try to make it to Christmas without eating out at night. Saved: $225. (assuming you would normally eat out three times between now and December 25.)

Total Savings: $601

Interest rates/ Savings accounts

BANK	RATE
BMO	1.35%
CIBC	0.70%
HSBC	1.00%
ING	1.50%
PCF	1.50%
RBC	1.25%
SCOTIA	1.35%
TD	1.25%
ALLY	2.00%

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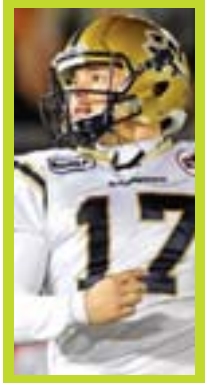


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4 sports

Quoted



"I just found my groove. New team, I came in, as the season went on, felt more comfortable and started kicking the ball better."

FORMER SAINT MARY'S HUSKIES KICKER JUSTIN PALARDY, ON FINISHING THE CFL SEASON WITH THE WINNIPEG BLUE BOMBERS AND NAILING 86.7 PER CENT OF HIS FIELD GOALS WITH 26 IN 16 GAMES. PALARDY WAS NAMED CFL SPECIAL TEAMS PLAYER OF THE WEEK YESTERDAY.

Scan code for sports

QMJHL

ATLANTIC DIVISION

	W	L	OTL	Pts
SAINT JOHN	16	3	2	34
ACADIE-BATHURST	15	7	0	30
MONCTON	14	6	2	30
P.E.I.	11	8	1	23
HALIFAX	7	14	1	15
CAPE BRETON	6	14	2	14

EAST DIVISION

	W	L	OTL	Pts
QUEBEC	15	3	2	32
LEWISTON	14	7	2	30
VICTORIAVILLE	12	10	1	25
RIMOUSKI	11	12	0	22
CHICOUTIMI	8	10	5	21
BAIE-COMEAU	1	17	5	7

WEST DIVISION

	W	L	OTL	Pts
DRUMMONDVILLE	15	6	3	33
MONTREAL	14	3	3	31
SHAWINIGAN	12	6	2	26
GATINEAU	11	7	3	25
VAL-D'OR	10	10	2	22
ROUYN-NORANDA	4	15	2	10

YESTERDAY'S RESULT
CANADA-RUSSIA SUPER SERIES

Russia 5 QMJHL 4

TODAY

No Games Scheduled.

TOMORROW'S GAMES

Val-d'Or at Halifax, 5 p.m. (changed from 8 p.m.)
Russia at QMJHL, 7 p.m.

THURSDAY'S GAME

Cape Breton at Montreal, 11:35 a.m.

Russia downs QMJHL stars in Game 1

Nikita Pivtsakin scored the winner as Team Russia edged the QMJHL all-stars 5-4 in the first game of the Canada-Russia Super Series yesterday.

Russia was down 4-3 before rallying back when centre Maxim Kitsyn scored his second of the night 17 seconds into the third and Pivtsakin added the winner at 7:01.

Denis Golubev and Anton Burdasov each scored the other goals for Russia.

Michael Bournival, Nathan Beaulieu, Alex Saulnier and Nicholas Deslauriers scored for the QMJHL.

THE CANADIAN PRESS

RYAN TAPLIN/METRO FILE



▶ Desmond Ferguson of the Halifax Rainmen drives to the net against the Lawton-Fort Sill Cavalry last season.

Players have to 'earn' spot

- Rainmen will head to Moncton for camp on Nov. 24
- Additional open tryout set for Nov. 20 at 11 a.m. at Citadel High



MATTHEW WUEST
@METRONEWS.CA

There will be very few "sure things" when the Halifax Rainmen open training camp later this month.

The Rainmen, who hit the hardwood at Moncton Coliseum starting Nov. 24, expect to have as many as 19 players reporting to camp.

Only five of them have contracts, meaning job competition will be fierce.

"We're right where we want to be," said Rainmen owner Andre Levingston. "We probably have some of the best talent we've ever had on our team — and we're looking forward to bringing it all under one roof."

Levingston, who said he can't reveal the camp roster just yet, has been working feverishly since his team lost to the Premier Basketball League champion Lawton-Fort Sill Cavalry in last year's semi-final.

Terrance Roberson, a six-foot-seven forward who played three games in the NBA with the Charlotte Hornets in 2000, is expected to be among those trying out. So is six-foot-three guard Stefan Welsh, who just finished his senior NCAA season with the Arkansas Razorbacks.

"This is going to be a tough training camp," Levingston said.

"We're not just giving guys starting positions. You're gonna have to earn it."

Under contract

Players under contract with the Rainmen as of yesterday:

- PG Taliek Brown, 6-0
- SF Desmond Ferguson, 6-5
- PF Eric Crookshank, 6-7
- C Aaron Spears, 6-10
- C Kyle Cuffe, 6-9

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Historic day for women's hockey

James, Granato blaze new path as first women inducted to the Hockey Hall of Fame

CARLOS OSORIO/TORSTAR NEWS SERVICE



▶ Angela James, left, and Cammi Granato smile after being presented with Hockey Hall of Fame rings yesterday.

Thanks to Angela James and Cammi Granato, women are finally in the Hockey Hall of Fame.

But the breakthrough moment comes at a time when female players are still defending their game.

"It just comes with the territory because we're used to doing that, we're used to defending ourselves," Granato said yesterday. "I had to defend myself from the time when I was in a rink when I was a little kid and people wondered, 'Why is she playing?'

"We just have to keep repeating ourselves over and over ... But this helps, I tell you, being here."

Some hockey observers had wondered if the day would ever come. But yesterday morning, James and Granato accepted their rings with former NHLer Dino Ciccarelli and builder Jim Devellano.

The late Daryl (Doc) Seaman, one of the founders of the Calgary Flames, was also inducted.

The Hall of Fame established separate induction criteria for females this year, paving the way for James and Granato to receive plaques alongside the game's greats. It was a proud moment not only for both women, but for many others involved with the sport they love.

Just months ago, James was dismayed when International Olympic Committee president Jacques Rogge sounded a warning bell about women's hockey during the Vancouver Games. Canada and the U.S. outscored their opposition 88-4 during the Olympics, prompting Rogge to say: "We cannot continue without improvement."

"I just don't understand why they have to justify themselves, how good they are," said James. "They've worked really hard to get to where they are, they've made a lot of sacrifices. We should just embrace it.

"Having this committee and this Hall accept us really helps."
CAMMI GRANATO

"Women's hockey is still in its infancy. We really have to understand that when men's hockey started off, there were dominant countries and the other countries slowly picked up — no different than even today in the juniors."

The high point of Granato's career came while James was experiencing one of her most trying periods in the game. The Toronto native was left off the Canadian team when women's hockey made its debut at the 1998 Olympics in Nagano, an event where Granato and the U.S. team won gold with a victory over Canada.

Granato thinks James' omission played a big part in the American victory.

"We were shocked, absolutely shocked, and couldn't understand," said Granato. "She had been their clutch player forever. When you're going into the biggest tournament of your life, why wouldn't she be there? It's an advantage to Team USA right there and it's unfortunate for her because she had really trailblazed for so long and led her team for so long.

"It's just an injustice that she never got to be in an Olympics."

THE CANADIAN PRESS

Cowboys fire coach

Wade Phillips was fired yesterday as coach of the Dallas Cowboys, with offensive co-ordinator Jason Garrett promoted to take his place.

Owner/general manager Jerry Jones decided enough was enough following a 45-7 loss to the Green Bay Packers the night before. It was the Cowboys' fifth straight loss, dropping them to 1-7.

THE ASSOCIATED PRESS



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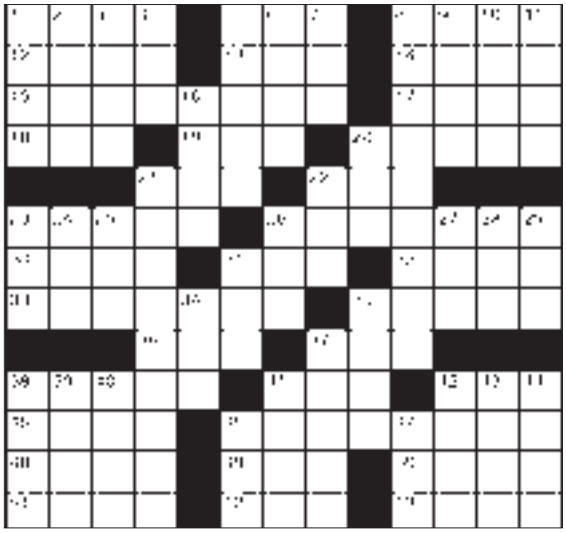
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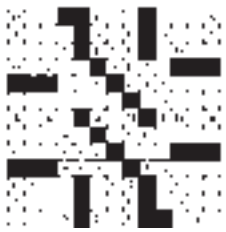
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5 Coll. transcript no.
8 Afrikaner
12 Unsigned (Abbr.)
13 Antiquated
14 Busy with
15 Imaginary objects of fear
17 Weaponry
18 Donkey
19 Allow
20 English composition
21 Pleasure
22 PC peripheral connection
23 Molded jelly
26 Investigation
30 — moss
31 Chinese chairman of yore
32 Zilch
33 Kodak inventor George
35 Karenina and Kournikova
36 Dine on
37 Hobbyist's abbr.
38 Tusk material
41 Scarlet
42 "Eureka!"
45 Branch
46 Virus that withstands medication
48 Stead
49 Favorite
50 Christmas
51 Vocalize
52 Blond shade
53 Greek vowels

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3 Fireplace supply
4 Genetic evidence
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6 Contrive
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8 Fudd foe
9 Piece of work
10 Sicilian spouter
11 Optimistic
16 United nations
20 Barrister's title (Abbr.)
21 Jazzy two-step
22 Popular card game
23 Mimic
24 Caribbean, e.g.
25 — de deux
26 Author Fleming
27 Charged bit
28 Cousin of 4-Down
29 "Of course"
31 Wrestling surface
34 Spring month
35 Staffer
37 Profundity
38 Woes
39 Henry —
40 Portent
41 Wishes otherwise
42 Touch
43 Hawaiian dance
44 Census statistics
46 Resort
47 "Catcher in the —"

▶ Yesterday's answer



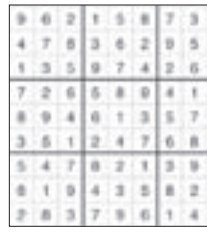
Sudoku

			3		7	6		9
9	6		4					5
					2			
	3	4	7				9	8
1	7				8	2	4	
			9					
4					5		7	1
8		6	2		3			

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶



Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Alysha, you're optimistic, fun, kind and beautiful. You remind me of who I strive to be. When you fall asleep on my shoulder, I wish time wouldn't go so fast. Can't wait for tonight, ~ **DAVID**

Da Bunny,
My beautiful sweet one, I belong to you. Your essence, energy, spirit & love are as amazing as the morning sun. I'll love you alwiz, **ROOSTER.**

Happy Birthday to Tatiana (TK) — best mom in the world. Your contagious energy is inspiring to everyone! Wishing you all the best on your special day! **LOVE, MARINA, SERGE, SID**

Panda, our horoscopes say we were made for each other! You make me deliriously and hopelessly in love and my heart has now cosmic-supernova grown for you. **YOUR PINK FLAMINGO**



Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20
Have as much fun as you can handle today and don't feel in the least bit guilty about it. You will enjoy yourself more if you go out with friends than if you stay close to home.

♉ Taurus April 21-May 21 Even if you are the kind of Taurus who prefers to keep your feelings under wraps you will open your heart to the world today. Others won't laugh at you.

♊ Gemini May 22-June 21 If opposites really do attract you will find yourself getting along with someone today who, on the surface, is about as different to you as chalk is to cheese. In fact you are two parts to a single whole.

♋ Cancer June 22-July 22
Sometimes your old-fashioned way of doing things works in your favor and sometimes it doesn't, but today it is much more likely to be the former.

♌ Leo July 23-Aug.23 You feel like you could take on the world and win, and maybe you could, but don't scatter your energy in all directions when there is one specific task that needs to be done.

♍ Virgo Aug. 24- Sept. 22 What happens today may take you by surprise but if you think about it you will realize you have been through similar situations on numerous previous occasions, so why worry? There really is nothing new under the sun.

♎ Libra Sept. 23-Oct. 23 No matter how many things have gone wrong in the past everything will go right for you today, especially socially where, for one reason or another, you have not been at your best in recent weeks.

♏ Scorpio Oct. 24-Nov. 22 Stay calm and use logic, rather than emotion to solve a problem that has defeated many good people. The trick is to see what is actually there, rather than what you want to see.

♐ Sagittarius Nov. 23-Dec. 21 Mercury in your sign will help you think and see clearly. Others will be amazed at how quickly you reach the correct decision and will see you as some kind of guru.

♑ Capricorn Dec. 22-Jan. 20
A more introvert phase has begun and you have no desire to spend your valuable time partying or pursuing aims that are ultimately self-defeating.

♒ Aquarius Jan. 21-Feb. 18
You don't have to defend your beliefs against people who seem to delight in knocking down dreams they don't understand. If you are happy with what you see as the truth that's all that matters.

♓ Pisces Feb. 19-March 20
Mercury, planet of communication, is moving through the career area of your chart, so if you need to reach out to bosses and other important people now is as good a time as any. SALLY BROMPTON

Caption contest

FAREED KHAN/THE ASSOCIATED PRESS



WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

KEYSTONE/GEORGIOS KEFALA/THE ASSOCIATED PRESS



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AIR CANADA VACATIONS

Deals of the week

UP TO 5,000 BONUS AEROPLAN® MILES[1]
aircanada.com/extravelganza

CUBA

Cayo Coco/Cayo Guillermo
NH Krystal Laguna Villas & Resort • 3 1/2★
All-Inclusive • Club laguna rm.
Feb. 12, 26 & Mar. 5 • 1 wk.
$959
+Taxes & other fees: $154

Varadero
Allegro Varadero • 3★
All-Inclusive • Superior rm.
Feb. 11, 25 & Mar. 4 • 1 wk.
$999
+Taxes & other fees: $154

Holguin
Sirenis Playa Turquesa • 4★
All-Inclusive • Superior rm.
Mar. 19 – Apr. 16 • 1 wk.
$999
+Taxes & other fees: $154

DOMINICAN REPUBLIC

Samana
Bahia Principe Roulette • 4★
All-Inclusive
Run of the house rm.
Feb. 17 – 24 • 1 wk.
$1229
+Taxes & other fees: $151

DOMINICAN REPUBLIC

Punta Cana
Occidental Grand Punta Cana • 4★
All-Inclusive • Junior suite
Feb. 26 • 1 wk.
$1439
+Taxes & other fees: $151

JAMAICA

Sunset Jamaica Grande Resort & Spa • 4★
All-Inclusive
Traditional standard rm.
Feb. 7, 14, 21 & 28 • 1 wk.
PRIVILEGES
$1329
+Taxes & other fees: $98

MEXICO

Cancun/Riviera Maya via Toronto
Gran Bahia Principe Tulum • 5★
All-Inclusive • Standard rm.
Jan. 8 • 1 wk.
$1319
+Taxes & other fees: $264

Gran Bahia Principe Coba • 5★
All-Inclusive • Junior suite
Jan. 8 • 1 wk.
$1359
+Taxes & other fees: $264

JAMAICA

Gran Bahia Principe Jamaica • 4 1/2★
All-Inclusive • Junior suite
Feb. 7, 21 & 28 • 1 wk.
PRIVILEGES
$1639
+Taxes & other fees: $98

USA

New Orleans via Toronto
Holiday Inn Downtown Superdome • 3★
Double king-size bed rm.
Dec. 6 & 7 • 3 nts.
$689
+Taxes & other fees: $138

Orlando via Montreal or Toronto
Clarion Hotel Maingate • 2 1/2★
Standard rm.
Jan. 11 & 12 • 1 wk.
$699
+Taxes & other fees: $127

CRUISE

Celebrity Cruises[2]
Celebrity Summit[SM]
Southern Caribbean Cruise
Flight to San Juan via Toronto
Interior stateroom, cat. 10
Jan. 15 • 1 wk.
$1329
+Taxes & other fees: $152


The Venetian

THE VENETIAN & THE PALAZZO

USA

Las Vegas via Montreal or Toronto
The Venetian • 5★
Continental breakfast • Venezia bella suite
Dec. 11 • 3 nts.
$669
+Taxes & other fees: $156

The Palazzo Resort, Hotel & Casino • 5★
Luxury suite
Dec. 11 • 3 nts.
$669
+Taxes & other fees: $156

Midnight RUSH

One mystery destination from Mexico or the Caribbean will be on SUPER SALE Thursday at MIDNIGHT (EST) to Friday at 9 a.m. (EST)

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THE VENETIAN THE PALAZZO

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All travellers, foreign and Cubans living abroad, must have a medical insurance policy when travelling to Cuba. Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid for bookings made between Nov. 9 & 13, 2010, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Halifax International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise vacations include return flight and the cruise as described. Vacations to Europe and the USA include return flight and hotel as described. New bookings only. For dates shown only. Non-refundable. Limited quantity. Subject to availability at time of booking. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Further information available from a travel agent. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. †Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Halifax to San Juan via Toronto are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit www.aircanadavacations.com. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ [1]To qualify for the Air Canada Extravelganza promotion, you must be an Aeroplan Member and you must register by Dec. 15, 2010. A one-time registration for all offers is required and can be completed online at www.aircanada.com/extravelganza or by calling 1 800 342-8026. Applicable for travel between September 15 and December 15 2010 on eligible flights operated by Air Canada and Jazz. This promotion is subject to change without notice and cannot be combined with any other offer or promotion. The Bonus Aeroplan Miles earned are not Air Canada Status Miles and do not count towards Air Canada Top Tier status. For complete details, terms and conditions visit www.aircanada.com/extravelganza. [2]Celebrity Cruises Inc. ships' registry: Malta and Ecuador. ■ ®Aeroplan is a registered trademark of Aeroplan Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit www.aircanadavacations.com for up-to-date information.

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ALL VEHICLES INCLUDE: BLUETOOTH CONNECTIVITY° MP3/USB INPUT



2011 KIA RIO

Rio EX shown

OWN IT FROM $84‡ BI-WEEKLY FOR 60 MONTHS
AMORTIZED OVER 84 MONTHS
$4,351 REMAINING BALANCE

AT 0% LOAN APR $0 DOWN PAYMENT +

EVERYBODY WINS $500 UP TO $10,000^
AND
DON'T PAY UNTIL SPRING‡

HWY: 5.8L/100KM (40 MPG)
CITY: 7.1L/100KM (33 MPG)

60/40 FOLDING SEATS

6 WAY DRIVER'S SEAT



TOP SAFETY PICK 2010 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

WAS $15,995

2011 KIA SOUL

Soul 4u shown

CASH PURCHASE PRICE FROM $13,995‡

NOW GET UP TO $2,000 IN CASH SAVINGS +

EVERYBODY WINS $500 UP TO $10,000^

HWY: 6.3L/100KM (45 MPG)
CITY: 7.7L/100KM (37 MPG)

HEATED FRONT SEATS

STEERING WHEEL AUDIO CONTROLS



TOP SAFETY PICK 2010 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

CANADIAN AUTOMOTIVE JURY 2011 FINALIST • FINALISTE

ALL-NEW
2011 KIA SPORTAGE

Sportage EX luxury shown

OWN IT FROM $154‡ BI-WEEKLY FOR 60 MONTHS
AMORTIZED OVER 84 MONTHS
$7,626 REMAINING BALANCE

AT 4.9% LOAN APR $0 DOWN PAYMENT +

EVERYBODY WINS $500 UP TO $10,000^
AND
DON'T PAY UNTIL SPRING‡

HWY: 6.9L/100KM (41 MPG)
CITY: 10.0L/100KM (28 MPG)

HEATED FRONT SEATS

AIR CONDITIONING

ELECTRONIC STABILITY CONTROL

ALL-WHEEL DRIVE AVAILABLE



TOP SAFETY PICK 2010 INSURANCE INSTITUTE FOR HIGHWAY SAFETY

WAS $23,995

2011 KIA SORENTO

Sorento EX-V6 luxury shown

CASH PURCHASE PRICE FROM $19,895‡

NOW GET UP TO $4,100 IN CASH SAVINGS

AVAILABLE COMPETITIVE BONUS $1,000^

+ EVERYBODY WINS $500 UP TO $10,000^

HWY: 7.4L/100KM (38 MPG)
CITY: 10.6L/100KM (27 MPG)

HEATED FRONT SEATS

AIR CONDITIONING

ELECTRONIC STABILITY CONTROL

ALL-WHEEL DRIVE AVAILABLE

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*5 YEAR/100,000 KM POWERTRAIN WARRANTY
*5-YEAR/100,000 KM EXTRA CARE ROADSIDE ASSISTANCE
*NO DEDUCTIBLE CHARGE

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KIA

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